In compliance with the State of Washington’s “Safe Start” plan and the Diocese of Olympia’s “Guide to Gathering in Person,” Your Church (City) requires that you be informed of the symptoms, and mechanisms of spread, of the 2019 novel coronavirus (COVID-19); attest to be symptom free at time of entering the premises, consent to the risks of working, volunteering, or participating in any activity on the premises, and to release <Your Church> from liability in the event of exposure or sickness.

**What is the Coronavirus and how does it spread?**

COVID-19 is an illness caused by a virus that is spread person-to-person or by touching a contaminated surface and then touching your eyes, nose, mouth, or face. The virus is believed to be spread primarily through respiratory droplets. Those who have been infected have reported mild to severe symptoms, and can include:

Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

While all people are potentially at risk of contracting COVID-19, older people (over the age of 65) and those with underlying health conditions (heart or lung disease, diabetes, etc.) are at greater risk and are strongly encouraged to stay home.

*If you are experiencing any of these symptoms, or have come into contact with anyone who has shown signs of these symptoms or has tested positive for COVID-19, please vacate the premises immediately and contact your medical care provider.*

**Cooperative Mitigation Policy**

To ensure the health and well-being of all parishioners, staff, volunteers, , any person entering the premises of <Your Church> for work or worship must consent to the following practices:

* A cloth face covering must be worn at all times
* Physical distancing of at least six (6) feet must be maintained between all persons not from the same household
* Wash hands thoroughly or use hand sanitizer (provided) upon entry, after using the restroom, and before and after consuming any food or drink, or coming into contact with high-touch surfaces
* Refrain from physical contact and sharing items with others (e.g., books, leaflets, pens, etc.)
* For staff and volunteers: wipe down high-touch surfaces before and after use (e.g. light switches, doorknobs, copier and printer equipment, etc.)
* Sign an Individual Attestation and Consent to Work/Participate

**Attestation and Consent**

By signing below, you attest:

* That you have not exhibited any symptoms of COVID-19 or come into contact with anyone who has or has tested positive
* That you have followed the CDC and Washington Health officials’ guidelines of maintaining physical distancing, wearing facial coverings, and refrained from participating in gatherings that do not observe these guidelines
* That you have not travelled internationally in the past 14 days

And you consent:

* To our keeping this document on file for 21 days for the purpose of contact tracing, should an exposure event occur
* To the risks associated with community transmission of COVID-19 and the potential for exposure even with proper mitigation protections
* To comply with the stated Cooperative Mitigation Policy
* To release **<Your Church, City>** from any liability in the event that you are exposed and/or become ill

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Signature Date